

**Your household's National Health Insurance fees are overdue.**

**Payment must be made by the due date. If payment is not made by this date, you may be subject to administrative disciplinary action as allowed by law.**

\* Please ignore this notification if you have already paid.

\* This demand notice cannot be used at financial institutions.

\* If there is no barcode printed on the front of this demand notice, please use the enclosed payment slip or contact the National Health Insurance Division.

◎ Please check and verify against the demand notice you have on hand.

The head of your household is obligated to pay National Health Insurance premiums. Even in cases where the head of household is enrolled in a separate social insurance scheme, etc., the premiums for all insured persons are charged to the head of household.

If there is no barcode printed here, please use the enclosed payment slip or contact the National Health Insurance Division.

<b>Payment Notice and Notice of Payment Mad</b> <small>Cannot make payment at financial institutions</small>		<b>Stub</b>		<b>Reminder and Receipt</b>	
Municipal Government Code	1 3 1 1 6 4	Municipal Government Code	1 3 1 1 6 4	This notification is to inform you that the following National Health Insurance payments are overdue. Payment must be made by the due date.	
Enrolled Individual	Accounting Manager, Toshima City	Enrolled Individual	Accounting Manager, Toshima City	In accordance with the law, this reminder is sent to households whose insurance premiums cannot be confirmed to have been paid by the due date. Please ignore this notification if you have already paid.	
Amount Payable		Amount Payable		◎ This demand notice is also sent to households enrolled in bank transfers, installment payments, and those receiving public assistance.	
Individual Liable for Payment		Individual Liable for Payment		◎ The head of the household is obliged to pay the premiums for any enrolled family members.	
Notification Number		Notification Number		<b>Inquiries</b> <Main Division> National Health Insurance Section, Toshima City Office <TEL> 03-3981-1111 (switchboard) <Office Hours> 08:30 to 17:00 Weekdays	
• Payment can be made using the methods/locations listed on the back of this document. (Cannot make payment at financial institutions) • If there is no barcode, payment cannot be made at a convenience store, on Mobile Regi or using electronic money. Please use the enclosed payment form or contact the National Health Insurance Section at Toshima City Office.		Bring to convenience store without separating		<b>Receipt</b> The above amount has been received. Date of Receipt: _____ Receiving Agent: NTT Data Corporation No revenue stamp required (Customer's copy)	
<b>For payment at convenience store</b> Note: Payment cannot be made at a convenience store, on Mobile Regi, or using electronic money, if the amount has been corrected, the barcode is missing or the barcode cannot be read.		Bring to convenience store without separating		(Please store this document for two years.)	
← If paying at a convenience store, please separate using the perforated line on the left and bring this section with you.		Date of Receipt: _____ (Convenience store head office copy)		Date of Receipt: _____ (Convenience store head office copy)	
◎ To avoid a double payment, do not pay with the payment form if your account will be directly debited for the outstanding amount at a future date		Receiving Agent: NTT Data Corporation Name of Managing Section (Inquiries): National Health Insurance Section, Toshima City Office 03-3981-1111 (switchboard)		Receiving Agent: NTT Data Corporation (Please store this document for two years.)	

The periods and amounts outstanding. Payment must be made by the due date.

**Open and read immediately.**

If you join another health insurance program, such as at your place of employment, you are responsible for unenrolling from the National Health Insurance Program (you will not be automatically unenrolled by your employer or Toshima City).

- Unenrollment can be done by post, internet, or in person.
- You must unenroll within 14 days of changing to a new insurance provider, etc.
- Delays in unenrollment may require you to pay National Health Insurance premiums for the unused period.

[Contact] Qualification and Premiums Group, National Health Insurance Division, Toshima City Office

**This demand notice cannot be used at financial institutions.**

Please call us first to discuss your payment plan.

If you are enrolled in a social insurance scheme, procedures are required to unenroll from the National Health Insurance scheme.

**[Places/Methods of Payment]** Cannot make payment at financial institutions

(1) Convenience stores (in Japanese alphabetical order)  
 Note: May be subject to change.

- ◆ Kurashi House ◆ Three Eight ◆ Seikatsu Saika
- ◆ 7-Eleven ◆ Daily Yamazaki
- ◆ New Yamazaki Daily Store ◆ FamilyMart
- ◆ Poplar ◆ Ministop
- ◆ Yamazaki Special Partner Shops
- ◆ Yamazaki Daily Store ◆ LAWSON

(2) Stores where MMK is available (Excluding unmanned terminals and those in credit unions)

(3) Mobile Regi (Packet communication fees/service fees will be charged)

(4) Electronic money (internet usage fees apply)

**Payment methods (Toshima City Website)**

**Note: When paying at the Public Fund Payment Counter at Toshima City Office or the East/West Residents' Offices, you must go to the National Health Insurance Section or the East/West Residents' Offices to have the payment slip reissued before paying.**

**In principle, payment of Toshima City National Health Insurance premiums is to be made by direct debit.**

- Please change your payment method to account transfer (automatic payment).
- Please check the Toshima City website for how to switch to account transfer.

**If you are unable to pay by the due date, please consult with us to explain your payment plan.**

[Contact]  
 National Health Insurance Division, Toshima Ward Office  
 Organization and Storage Group Office: 03-3981-1294 (direct line)  
 Special Organization Group: 03-3981-1295 (direct line)

**For Foreign Languages**

English 中国語 Tiếng Việt नेपाली

**Demand Notice**

You have not paid your National Health Insurance (NHI) premiums. Please make a payment by the date specified in this reminder. If you do not pay by this date, under Japanese law, your assets may be audited and seized up to the unpaid amount.

1. If you have a complaint regarding this administrative disposition, you can issue a request for examination to the Tokyo Metropolitan National Health Insurance Examination Committee (at the Tokyo Metropolitan Government Building), within three months from the day after you became aware of this administrative disposition. (However, even if it is still within three months from the day after you became aware of this disposition, if more than one year has passed from the day after the day on which this disposition was issued, it is no longer possible to issue a request for examination.)

2. Only in the case in which there is a court ruling on the request for examination detailed in 1. above, within six months from the day after you became aware of this court ruling on the examination request concerned, it is possible to petition the court for revocation of the original disposition with Toshima City as the defendant (in Litigation, the representative of Toshima City is the Toshima City Mayor). (However, even if it is still within six months from the day after you became aware of the relevant court ruling, if more than one year has passed from the day after the day on which the ruling was issued, it is no longer possible to petition for revocation of the original disposition.) However, if any of the following cases (1) to (3) apply, it is possible to petition for revocation of the original disposition, even without a court ruling on the request for examination.

(1) There is no court ruling within three months of the day after the day on which a request for examination was made.  
 (2) There is urgent necessity to avoid significant damage that would arise due to the disposition, the execution of the disposition, or the continuation of procedures.  
 (3) Other just reason(s) for not receiving a court ruling.

Please pay using the locations/methods listed here.

**Reception Service Hours**  
 Weekdays: 8:30 - 17:00  
 Second Sunday of the month: 9:00 - 17:00

- \* From June 2024, the weekend reception service will be on the second Saturday of the month.
- \* No service is available on weekends or national holidays besides the above mentioned dates.

Reception service dates are subject to change.